



**ENGLISH  
GYMNASTICS**

## **BRONZE, SILVER & GOLD CHAMPIONSHIPS 2019**

New College, Glenfield Road, Leicester LE3 6RN

### **Timetable**

**Saturday 16<sup>th</sup> November 2019**

#### **BRONZE**

	<u>Junior &amp; Intermediate Round 1</u>		<u>Junior &amp; Intermediate Round 2</u>		<u>Bronze Senior Round 3</u>	
	<b>Time</b>	<b>Note</b>	<b>Time</b>	<b>Note</b>	<b>Time</b>	<b>Note</b>
<b>Registration</b>	08.15	Latest	11.00	Latest	14.15	Latest
<b>Technical Briefing</b>	08.30	Main Hall	11.30	Floor 2	14.30	Floor 2
<b>General Warm-Up (10mins)</b>	08.45	Intermediate Floor 1 Junior Floor 2	11.50	Intermediate Floor 1 Junior Floor 2	15.00	Floor 2
<b>March in &amp; Introduction</b>	08.55		12.05		15.10	
<b>Apparatus Warm-Up &amp; Compete</b>	09.00		12.15		15.15	
<b>End of Round</b>	11.45		14.30		17.55	
<b>Judges Meetings / Refreshments</b>	<i>TBC</i>		<i>TBC</i>		<i>TBC</i>	
<b>Presentations</b>			14.45		18.00	



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### **Timetable**

**Sunday 17<sup>th</sup> November 2019**

#### **SILVER & GOLD**

	<b><u>Junior &amp; Intermediate Silver Round 4</u></b>		<b><u>Junior &amp; Intermediate Silver Round 5</u></b>		<b><u>Senior Silver &amp; Gold Round 6</u></b>	
	<b>Time</b>	<b>Note</b>	<b>Time</b>	<b>Note</b>	<b>Time</b>	<b>Note</b>
<b>Registration</b>	08.00	Latest	10.00	Latest	12.30	Latest
<b>Technical Briefing</b>	08.15	Main Hall	10.30	Floor 2	13.30	Floor 2
<b>General Warm-Up (10mins)</b>	08.30	Junior Floor 2 Intermediate Floor 1	10.45	Junior Floor 2 Intermediate Floor 1	13.45	Gold Floor 2 Senior Silver Floor 1
<b>March in &amp; Introduction</b>	08.40		10.55		13.55	
<b>Apparatus Warm-Up &amp; Compete</b>	08.45		11.00		14.00	
<b>End of Round</b>	10.40		13.15		16.40	
<b>Judges Meetings / Refreshments</b>	<i>TBC</i>		<i>TBC</i>		<i>TBC</i>	
<b>Presentations</b>			13.30		16.55	